

**TANNER PAIN MANAGEMENT CENTER
150 HENRY BURSON DRIVE, SUITE 110
CARROLLTON, GA 30117
770 812-5720 phone
770 812-5729 fax**

Dear New Patient:

Your physician has referred you for a consultation to the Tanner Pain Management Center. Please read this letter carefully.

Enclosed is a map to the Tanner Pain Management Center. We are located on Henry Burson Drive in the 150 building behind Occupational Health/EAP. When you enter the building take the hallway to the right and we are in Suite 110.

You will also find a packet of patient information/history that must be completed in its entirety and brought with you to your consultation. If you need help completing this paperwork, please have someone to help you with it. If it is not completed when you arrive, your appointment will be rescheduled. Please review all agreements in your packet carefully. Any questions you have will be answered at your appointment.

Please bring photo identification (ex. driver's license), your insurance card(s) and your medications with you to every appointment. Failure to do so will delay your appointment.

Insurance copays, coinsurance, and deductibles are due and payable at each visit. Tanner Pain Management Center is an outpatient department of Tanner Medical Center. Please contact your insurance company prior to your consultation to determine what portion of your visit is your responsibility. Should you need assistance with your medical expenses, please ask about various payment assistance options.

If you are unable to make your appointment, please call at least 24 hours prior to your appointment. Chronic missed appointments will lead to dismissal from the center. **Please note, if you are more than 15 minutes late for your appointment, you will be asked to reschedule.**

Please be advised if you "Reschedule" your appointment more than twice we will not be able to schedule another appointment. Any "No show" appointments will not be rescheduled. The referring Physician will be notified.

We wish to provide you with the best service and care possible.
THANK YOU FOR YOUR COOPERATION.

WELCOME TO TANNER PAIN MANAGEMENT CENTER!!!!





**Tanner Pain Management Center
150 Henry Burson Dr. Suite 110
Carrollton, GA 30117
770-812-5720**

The purpose for this agreement is to safeguard the patient access to controlled substances and protect Tanner Pain Management Center's ability to prescribe them.

The long term use of substances such as opioids (NARCOTIC ANALGESICS), benzodiazapines, tranquilizers, and barbiturate sedatives have a potential for misuse and are therefore controlled by local, state, and federal government. There is also a risk of an addictive disorder developing or a relapse occurring in a person with a prior addiction. The extent of this risk is uncertain. Physical dependence is common to many drugs. Addiction is a psychological and behavioral syndrome that is recognized when the patient uses the drug to obtain mental numbness or euphoria; when the drug is quickly escalated without correlation to pain relief. While physical dependence is to be expected after long term use of opioids, signs of addiction (and psychological dependence) will be interpreted as a need for weaning and detoxification. Pain management patients will adhere to the physician's guidance and participate in a treatment plan that may include detoxification, psychological counseling, and medical treatment. Failure to comply will result in discharge.

Because these drugs have a potential for abuse or diversion, strict policies must be in place and adhered to by the prescribing physician. Failure for the patient to abide in these policies may result in discharge from the pain management center.

It is important to be aware of possible side effects of these medications. Common side effects could include nausea, vomiting, drowsiness, mental slowing, flushing, itching, difficulty urinating and perspiring. While these medications are not generally toxic to the body organs, they can suppress breathing and may be fatal to a non-tolerant person. **ESPECIALLY A CHILD.** Drowsiness and impaired concentration may create danger with driving or operating machinery. The most common side effect is constipation. This side effect does not usually spontaneously resolve. Stool softeners or other agents may be required for resolution. It is very important to monitor this function.

- 1. ALL CONTROLLED SUBSTANCES MUST BE ORDERED BY THE PAIN MANAGEMENT SPECIALIST ONLY, UNLESS SPECIFIC AUTHORIZATION IS OBTAINED FOR AN EXEMPTION. MULTIPLE SOURCES OF NARCOTIC MEDICATION CAN LEAD TO ADVERSE DRUG INTERACTION, OVERDOSE OR DEATH.**
- 2. ALL MEDICATIONS MUST BE OBTAINED FROM ONE PHARMACY. SHOULD A CHANGE ARISE, THE PAIN MANAGEMENT CENTER MUST BE NOTIFIED IMMEDIATELY.**

PHARMACY CHOICE _____

TELEPHONE NUMBER _____





3. NO ILLEGAL substances may be used.
4. Disclosure of any new medications, medical conditions or adverse reaction to prescribed medications must be given to the pain management center.
5. The prescribing physician has permission to discuss all diagnostic and treatment plans with dispensing pharmacists or other professionals for the purpose of maintaining accountability.
6. Patients will not share, sell or permit others access to these medications.
7. Abruptly stopping these medications may cause withdrawal symptoms. Withdrawal symptoms may include: yawning, sweating, anxiety, tremors, muscle aches, hot or cold flashes, abdominal cramping, and diarrhea. These symptoms may occur 24 – 48 hours after last dose and may last up to three weeks.
8. Random drug screens will be performed. Failure to provide WILL result in IMMEDIATE DISCHARGE.
9. Prescriptions and medications may be sought after by other individuals. These items should be carefully safeguarded. If medications/prescriptions are stolen , a police report must be provided for consideration of medication replacement.
10. Medications may not be replaced if lost, destroyed, or misplaced.
11. Early refills generally will NOT occur.
12. If responsible legal authorities have questions concerning a patient's medication regime, the pain center will provide information required.
13. Prescription refills must be requested **THREE WORKING DAYS IN ADVANCE**. Failure to provide appropriate notice may result in delay of treatment plan. Prescriptions will not be available on the weekends, after office hours, or on holidays.
14. Changes to prescription medications (medication, dosage, strength, etc) will generally not be made by phone. Please make an appointment for medication changes.
15. Prescription refills are contingent with keeping scheduled appointments: Federal Law dictates that patients must visit their physician every two months to receive narcotics.
16. Failure to adhere to these policies may result in cessation of therapy with controlled substances or discharge.
17. It is understood that any medical treatment is initially a trial and continued prescription is dependant on evidence of benefit.
18. Increasing the amount of medication without physician supervision or improper usage of medication can lead to drug overdose, respiratory depression, or death.

I have read the provided information and have been given the opportunity to ask questions. I agree to the above conditions.

Patient Signature _____ Date _____





**Tanner Pain Management Center
150 Henry Burson Dr. Suite 110
Carrollton, GA 30117
770-812-5720**

Thank you for choosing Tanner Pain Management Center for treatment. Our mission is to return you to the highest activity and comfort level possible. Treatment is provided by a coordinated, goal directed team. This team consists of a collaboration of the pain management staff, ancillary departments, outside agencies, and the patient. The patient is the MOST important team member. It is essential for the patient to actively participate in the treatment plan.

Pain Management Staff Commitment:

1. The PMC physician will provide a detailed evaluation with treatment recommendations.
2. The PMC staff will provide explanation of treatments and expected Outcomes of treatments.
3. The PMC staff will assist in pre-certification of procedures and explanation of benefits prior to initiation of treatment.
4. The PMC staff maintains strict adherence to confidentiality of medical records and conversations.

Patient Commitment:

1. The patient will maintain strict adherence to the Orientation Agreement.
2. Appointment commitment:
 - a. Due to set scheduling, the patient will be rescheduled if more than fifteen minutes late for appointment.
 - b. Patients that do not show or cancel appointments without an adequate reason may be discharged after the second incident.
3. Non-compliance to the treatment plan; i.e. therapies, consultations, medications, etc. or not showing for these appointments will result in discharge from the center.
4. The patient will provide adherence to the medication regime as directed by the physician.
5. A "Controlled Substance" agreement will be signed.





6. Refusal to comply with baseline and/or random drug screening request will result in discharge from the center. If non-declared or illegal substances are resulted, the patient will be referred to a substance abuse treatment center. Failure to comply with treatment, future positive drug screens or requested pill counts will result in discharge. Counseling will occur if inadequate levels of prescribed medication are resulted. If subsequent screening results in inadequate medication levels, the patient will be discharged.
7. To maintain prescription refills, patients MUST be evaluated as directed by the PMC physician.
8. ****Prescription refill requests must be made 3 working days in Advance. ****
9. Abusive language, aggressive behavior and/or harassment of the PMC staff will result in immediate discharge.
10. The patient will provide prompt updating of any change in demographic or insurance information.
11. The patient agrees to permit the PMC to access and provide medical records to referring, consulting and/or primary care physicians and to ordered therapies associated with treatment plan.
12. The patient permits general messages from the PMC to be left on answering machine or voice mail at the patient's provided telephone number. (Medical information will NOT be stated).

I have been given the opportunity to ask questions regarding the above agreement. I understand the commitment to the pain management program and to the treatment plan. I agree, within the best of my ability, to adhere to these commitments.

Patient Signature _____ Date _____



**TANNER PAIN MANAGEMENT
PATIENT HISTORY**

NAME _____ DATE OF BIRTH _____

PRIMARY CARE PHYSICIAN _____ REFERRING PHYSICIAN _____

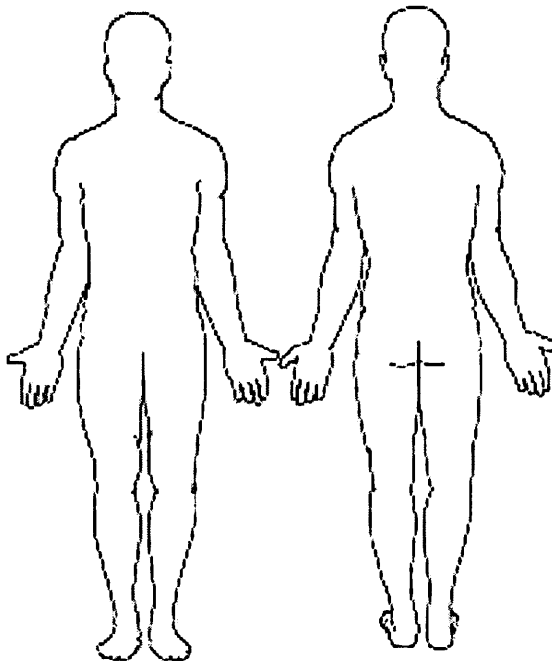
DESCRIPTION OF PAIN (CIRCLE ALL THAT APPLY)

1. I AM HERE FOR EVALUATION OF (NECK, SHOULDER, LOWER BACK, HIP, KNEE, FOOT, OR _____) PAIN.
2. PAIN IS LOCATED IN _____ AND SPREADS TO (LEFT, RIGHT, BOTH, ARM, HIP, LEG).
3. WHEN DID THE PAIN BEGIN AND WHAT CAUSED IT? _____.
4. DESCRIPTION OF PAIN IS (ACHE, PINS/NEEDLES, STABBING, BURNING, VIBRATION, NUMBNESS, PRESSURE, COLD, HOT, OTHER _____).
5. WHAT IS YOUR PAIN SCALE NOW? _____

0 1 2 3 4 5 6 7 8 9 10
NONE MILD MODERATE SEVERE

6. WHAT IS YOUR PAIN SCALE ON YOUR BEST DAY? _____
7. WHAT IS YOUR PAIN SCALE ON YOUR WORST DAY? _____
8. INDICATE ON THE DIAGRAM WHERE YOUR WORST PAIN IS LOCATED.

RIGHT LEFT RIGHT



9. MY PAIN (MILDLY, MODERATELY, SEVERLY, VERY SEVERLY) INTERFERES WITH MY ACTIVITIES OF DAILY LIVING.
10. IS YOUR PAIN ASSOCIATED WITH WEAKNESS? _____ WHERE _____
11. IS YOUR PAIN ASSOCIATED WITH NUMBNESS? _____ WHERE _____
12. IS YOUR PAIN ASSOCIATED WITH TINGLING? _____ WHERE _____
13. DO YOU HAVE ANY SKIN COLOR OR TEMPERATURE CHANGE? _____ WHERE? _____
14. I AM HYPERSENSITIVE TO (TOUCH, CLOTHES, COLD, WEATHER CHANGES).
15. DO YOU HAVE INCONTINENCE, CONSTIPATION OR LOSS OF CONTROL OF BLADDER OR BOWELS? _____

16. HOW MANY HOURS OF UNINTERRUPTED SLEEP DO YOU HAVE AT NIGHT? _____ DO YOU FEEL RESTED IN THE MORNING? _____ DO YOU HAVE NIGHT PAIN? _____

PREVIOUS TREATMENTS/CONDITIONS

17. CIRCLE THE PREVIOUS TREATMENTS/MEDICATIONS YOU HAVE TRIED; INDICATE DATE IF YOU KNOW.

DOCTOR: NAME _____

PAIN SPECIALIST: NAME _____

PHYSICAL THERAPY: _____ DID IT HELP? _____

ACUPUNCTURE: _____ DID IT HELP? _____

EPIDURAL INJECTION/NERVE BLOCK: _____ DID IT HELP? _____

NERVE STIMULATOR: _____ DID IT HELP? _____

CHIROPRACTOR: _____ DID IT HELP? _____

PREVIOUS NECK/BACK/HIP/KNEE SURGERY: TYPE OF SURGERY/DATE _____

MEDICATION: ALEVE, ANTI-INFLAMMATORY, ASPIRIN, CELEBREX, CYMBALTA, DILAUDID, HYDROCODONE, IBUPROFEN, LYRICA, METHADONE, MOBIC, MORPHINE, MOTRIN, MUSCLE RELAXERS, NAPROSYN, NAPROXEN, NEUROTIN, OXYCODONE, OXYCONTIN, TYLENOL, VOLTAREN

18. WHAT TESTS HAVE YOU HAD? INDICATE DATE AND RESULTS IF YOU KNOW THEM:

X-RAY _____

MRI _____

CAT SCAN _____

MYELOGRAM _____

EMG/NCS _____

19. DO YOU HAVE ANY OF THE FOLLOWING:

AGE GREATER THAN 50

HISTORY OF COLON CANCER: DATE _____

NEUROLOGICAL DISORDERS (SEIZURES, MULTIPLE SCLEROSIS, MYOPATHIES, NEUROPATHIES)

UNINTENTIONAL WEIGHT LOSS

DIABETES

20. PLEASE LIST ANY MEDICAL CONDITIONS YOU HAVE AND THE TREATMENT YOU HAVE RECEIVED: _____

21. PLEASE LIST ANY SURGERIES YOU HAVE HAD AND THE YEAR PERFORMED: _____

22. DO YOU USE ALCOHOL, TOBACCO, ILLEGAL DRUGS, MARIJUANA? IF YES, PLEASE LIST PRODUCTS AND HOW OFTEN THEY ARE USED: _____

23. DO YOU HAVE DEPRESSION OR A HISTORY OF DEPRESSION? _____ ARE YOU PRESENTLY BEING TREATED FOR DEPRESSION? _____

24. IN THE PAST YEAR HAVE YOU EXPERIENCED ANY PHYSICAL, EMOTIONAL, VERBAL, OR SEXUAL ABUSE? _____

25. MARITAL STATUS: _____ DO YOU LIVE ALONE? _____

26. DO YOU HAVE CHILDREN LIVING AT HOME? _____ WHAT ARE THEIR AGES? _____

27. ARE YOU PRESENTLY INVOLVED IN A LAWSUIT? IF YES, EXPLAIN _____

28. ARE YOU PRESENTLY ON DISABILITY? _____ ARE YOU SEEKING DISABILITY? _____

29. PLEASE LIST ANY MEDICATION ALLERGIES: _____

30. LIST ALL THE MEDICATIONS YOU ARE CURRENTLY TAKING INCLUDING PRESCRIPTION DRUGS, HERBS, SUPPLEMENTS AND OVER THE COUNTER. PHARMACY: _____

PHARMACY TELEPHONE: _____

[illegible]

PATIENT SIGNATURE _____ DATE _____



PATIENT REGISTRATION

Welcome! As a member of the Tanner Pain Management, we are committed to providing the best and most comprehensive healthcare possible. We encourage you to ask questions. Please assist us by providing the following information- a copy of your driver's license and primary and secondary insurance cards. All information is confidential and is released only with your consent.

PATIENT INFORMATION

Patient's Name: _____ Preferred Pharmacy: _____
Date of Birth: _____ Social Security #: _____
Race: American Indian or Alaska Native Asian Black or African American Hispanic or Latino
Native Hawaiian or Other Pacific Islander White or Caucasian Other _____
Current Primary Care Doctor: _____ Sex: Male Female
Marital Status: Married Single Widow Divorced
Patient's Address: _____ Home#: _____
_____ Work#: _____
Email: _____ Cell#: _____

INSURANCE INFORMATION

Primary Insurance: _____ Primary Cardholder's Name: _____
Date of Birth: _____ Social Security #: _____ Relationship: _____
Secondary Insurance: _____ Primary Cardholder's Name: _____
Date of Birth: _____ Social Security #: _____ Relationship: _____
Were you injured on the job? Yes No Is this visit a result of a Motor Vehicle Accident? Yes No

PATIENT IDENTIFICATION NUMBER

In order to better protect your privacy, please choose a Patient Identification Number (PIN) to further identify yourself when calling the office or when the specified third parties need to access your personal health information.

YOUR PERSONAL IDENTIFICATION NUMBER (PIN) IS _____

By disclosing the PIN number listed above, the following person(s) may discuss and/or release my protected health information to include:

Test Results	Appointment Information	Rx Requests and Information
Billing Account Information	Test Preparation Information and Patient Instructions	Treatment Plan Information

1. Name: _____ DOB: _____ phone number: _____
2. Name: _____ DOB: _____ phone number: _____
3. Name: _____ DOB: _____ phone number: _____

Patient's/Legal Guardian's Signature

Date

PATIENT HEALTH QUESTIONNAIRE (PHQ-9)

NAME: _____

DATE: _____

Over the last 2 weeks, how often have you been
bothered by any of the following problems?

(use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed. Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead, or of hurting yourself	0	1	2	3

add columns

+

+

(Healthcare professional: For interpretation of TOTAL, TOTAL:
please refer to accompanying scoring card).

10. If you checked off any problems, how difficult
have these problems made it for you to do
your work, take care of things at home, or get
along with other people?

Not difficult at all _____
Somewhat difficult _____
Very difficult _____
Extremely difficult _____